

NCCJ

NORTH COAST JOURNAL OF POLITICS, PEOPLE & ART

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Humboldt County, CA | FREE
Thursday, May 7, 2020
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northcoastjournal.com

TOE IN THE WATER



As a slow relaxing of
shelter in place begins,
a long road lies ahead
BY THADEUS GREENSON



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Libations to Hubris

Barkeep, pour me a stiff one, will ya?
a climate-changer on the rocks,
a big hunk of ancient ice, if ya' got it;
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I'll need a pandemic chaser, too,
in a brandy snifter, if you got one.
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just slide it down the bar with your
broom handle.
I'm skilled at swirling the liquor just so
to catch a whiff of tomorrow's scapegoat,
better than any oracle I've found,
works the same the world around.

— Mary Thibodeaux Lentz

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NCJ PUBLISHER

Tell Us Your Story

By Judy Hodgson
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When the history of the coronavirus pandemic is written, each day of these early months will seem like a compressed week when examined by scholars. That's how fast the virus was moving. And in a few short weeks in March, that's how fast the non-essential economy shut down here in Humboldt, as if someone pushed the starting domino in a chain.

There's no doubt we're still somewhere in the uncertain middle of this pandemic, but this first week in May seems a little brighter and more hopeful. Gov. Gavin Newsom announced May 4 that counties can now move from stage one shelter in place to stage two, a "soft" re-opening of some non-essential businesses. That is, if measurable benchmarks are achieved and safety precautions in place.

Humboldt meets those benchmarks now due to its sparse, rural population and relatively quick action on shelter in place. But before we congratulate ourselves, remember that one of those benchmarks, testing one person per 1,000, is a ridiculously low bar. (See our cover story last week, "The Test.")

Nevertheless, Public Health Officer Teresa Frankovich and Sheriff William Honsal were upbeat, praising the governor for giving counties some flexibility to accelerate phase two re-opening and to possibly dip a toe into phase three soon — restaurant dining indoors and how to get a haircut safely.

Both Frankovich and Honsal also cautioned how fast things could go south. "One outbreak in a skilled nursing facility could overwhelm" the local health care system, Honsal warned. "We don't want to have to step back," Frankovich added.

Another bright spot on the economic front was the money that is finally flowing to small businesses through the federal Payroll Protection Program. (The *Journal* was a recipient of this loan program.) I've spoken to a number of business owners this past week who say it's already made a huge difference in their ability to keep employees on the payroll or rehire them.

There are a thousand stories out there and we'd like your help. We're asking our readers to tell us your own story of challenges, trials, risks, fears, defeats or successes. Do you have a loved one in a nursing home? Are you being kept informed? How do you communicate? How about those who've been laid off? Did your benefits start in a timely manner? How long did you have to wait and are you still waiting? Educators are teaching students online from home plus teaching their own kids, too. How's *that* going? Have you or someone close to you had the coronavirus and recovered? Are you ready to talk about it? Or maybe you're a healthcare worker concerned about PPE? (No matter what you want to share, we will assure privacy if you request it.) And to my fellow business owners, what's working for you and what's not? Are you going to make it through 2020?

Let's talk. This is your community newspaper. Help us tell your stories. Email news editor Thadeus Greenson at thad@northcoastjournal.com or me directly, judy@northcoastjournal.com.

Hoping you remain safe and well, Humboldt, as we weather this difficult time together.

●
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A Nation of Laws

By Jennifer Fumiko Cahill and Thadeus Greenson

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It was the nation's second president, John Adams, who said, "We are a nation of laws, not of men." It is one of the lights that guides this experiment of democracy we're all engaged in and what holds us together as a society. After all, it's laws that hold that your inalienable right to swing your arms ends when one connects with someone's face, laws that protect your rights to life, liberty and the pursuit of happiness — those hallowed ideals that led the country's independence from foreign rule.

We watched with a mix of sadness, anger and angst last week as the rule of law frayed in parts of California, including the North Coast, as people and counties began to rebel against the statewide COVID-19 shelter-in-place order. We saw restaurants in Orange County — and one in Klamath — defiantly re-open to dine-in service and governments in Modoc, Yuba and Sutter counties go rogue, rolling back provisions of the state's order. In Mendocino County, Sheriff Matt Kendall broke from his public health officer, calling on the county to roll back shelter in place and strongly hinting he would no longer enforce it.

In Humboldt County, we were relieved that, as far as we know, defiance stopped with a protest. And while we would have liked to see a lot more social distancing and more facial coverings for the safety of the protesters and anyone downwind of them, nonviolent civil disobedience is a hallmark of democracy.

These are uncertain, scary times, whether you're looking at mounting bills, diminishing savings or rising death tallies. And amid all the uncertainty, we all need to admit a very uncomfortable truth: We don't know enough about this virus. We're still learning about how it spreads and attacks the body as we scramble to find treatments and a vaccine, and learn whether antibodies provide immunity. What we do know is that since reaching the U.S. in January, it has killed more than 71,000 people here, including 2,909 on May 1 alone, making it the deadliest day yet. (For perspective, that's almost as many people as were killed in the Sept. 11 terrorist attacks lost to a virus in a single day.)

We also know that people who have made studying infectious disease their life's work — people like Anthony Fauci — say this virus is very scary, very deadly

and, if unchecked, could make the carnage we've already seen look relatively mild. You can choose whether to believe them. That's your right.

But just as your right to swing your arms ends when you hit someone in the face, your right to disregard infectious disease experts ends when you decide to violate a lawful order and put people in danger. It's not complicated.

In order for our society to hold, governors need to be allowed to govern states, health officers need decide the provisions of emergency health orders and law enforcement needs to enforce laws. When that system erodes — when a county bucks the state, a politician undermines a health officer or a county sheriff decides they know more about how to prevent the spread of disease than a public health expert — it's tremendously difficult to rebuild, especially on the fly as we continue to grapple with this virus experts believe will be here for months, if not years.

We are grateful that locally Humboldt County Sheriff William Honsal and Public Health Officer Teresa Frankovich have presented a united front. Frankovich has a Master's degree in Public Health from University of California at Berkeley and spent nine years as the medical director of four health departments in rural Upper Peninsula, Michigan. While Honsal has repeatedly said education rather than citation is his preferred method of getting people to toe the line, he's made clear willful violations will not be tolerated and repeatedly stressed the importance of Frankovich's orders, from sheltering in place to wearing facial coverings.

No matter our personal feelings about these orders or what the doctor we saw on YouTube said, we need to follow their lead. The other way lies a rending of societal fabric we may not be able to repair when we need it most.

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Go online to **hccovid19economicimpactsurvey.questionpro.com** to fill out our COVID-19 Economic Impact Survey for sharing your losses and damage assessments.

Visit **humboldt.gov/2704/Business-Resources** to find CDC guidelines to employers for protecting customers and employees, as well as a compilation of resources including:

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Taking Care of People

A collaboration keeps kids safe and healthcare workers at work

By Kimberly Wear

kim@northcoastjournal.com

Each weekday morning, mask-clad children wait at the door outside one of Little Learners' childcare sites to have their temperatures taken by a nurse before walking inside.

It's part of a new daily ritual for the youngsters, most of whom have parents working at Open Door Community Health Centers. Many attended Little Learners before the COVID-19 pandemic changed the world around them. Others would normally be in school but now spend their days at the Arcata childcare center.

The coronavirus-tailored daycare is the extension of an already established partnership, with Little Learners owner Shannon Hall and Dr. Kelvin Vu — the Open Door's associate chief medical officer — spearheading the program.

The newly adapted collaboration not only provides reliable childcare in a carefully monitored environment for healthcare workers on the front lines, but it has also been a lifeline for the daycare business amid shelter in place.

"It's saved our business to be able to be open," Hall said, adding that in return she is able to offer a safe landing spot for the children while their parents continue caring for the community.

That includes students who would normally be in a classroom, with Little Learners staff on hand to help them through the challenges of distance learning while relieving their parents of having to take on that task after a long day at work.

It's not a simple undertaking but one built on the immense trust Hall and Vu, whose children attend Little Learners, have developed since he first approached her nearly three years ago about forming a partnership, embraced by the Open Door executive team, to help current staff as well as recruit and retain physicians.

Before COVID-19 ever entered the lexicon, Little Learners was already giving priority to the children of Open Door staff who were on the waiting list, providing spots to the children of any new physician who came on board, offering at-home care if a doctor's child fell ill and staying open for the clinic staff's children during the holidays to accommodate Open Door's schedule, as it is only closed a few days a year.

"It's a model for Humboldt County, I think," Hall said of the arrangement. "Having one point person is crucial and we're both here to help

the community, and these partnerships are crucial in a small community."

Vu, an Orange County transplant along with his physician wife, Tara, who has been with Open Door since 2011, agrees. As a dual doctor family with two young sons, the Vus were all too familiar with the challenges parents face in finding childcare when Kelvin Vu approached Hall, whose youngest son — as it happens — was delivered by Tara Vu.

While the concept of a healthcare organization providing childcare for its staff is not a new one — Kelvin Vu notes he has physician friends in the Bay Area who are provided with the same type of service — it has paid dividends for Open Door, especially on the recruitment front, which is a constant struggle for Humboldt County health providers.

"It was huge," Kelvin Vu said. "If we don't make it easy for them to move here, they are less likely to come to our community."

One of the biggest draws is not just the peace of mind that comes with having a deep confidence in the people with whom you have entrusted your children, but knowing that one of those staff members can come to care for your child at home.

"It takes a huge burden off us," Vu said, saying the later aspect is especially important, affording him and his wife the ability to go to the office or hospital to see patients without worry, and adding that it's a "huge hit" with potential physician candidates that Open Door is looking to hire.

Emphasizing that he is just one link in the organization's effort and how much Little Learners "has been a huge part of this," Vu said the long-standing connection he and Hall had already forged was key in moving quickly back in early March to keep the service operating once it became clear the community was going to be facing some drastic measures to slow COVID-19.

They immediately began setting up protocols and put healthcare directives in place before the shelter-in-place order was issued. Those include having a nurse stationed at the Valley West site's door each morning to do symptom checks, limiting students to 10 to a room and keeping children separated from those in other rooms. Parents are also no longer allowed to enter with their children to limit

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exposure and those who are old enough need to wear masks, as do staff, who generally stay with the same cohort of children day after day for the same reason.

"We wanted to get ahead of this and, luckily, we had this partnership," Kelvin Vu said. Hall agrees, noting she feels "very fortunate to have someone in the medical field" to call at any time with questions, above and beyond her weekly check-in with Vu "to assess what's best as things develop."

Right now, she's serving 20 families at one location, down from 325 families at four sites before the shelter in place. And, Hall said, even when restrictions begin to ease, she'll be limited to far less children than pre-coronavirus, which will make for a difficult transition for her, the families she serves and the business she's run since 2008 after winning the Economic Fuel competition.

"It's a big challenge," Hall said. It's going to be a hardship. ... I've rewritten my whole business plan."

Meanwhile, the Open Door-funded daycare program has allowed her to keep at least some of her doors open to help the families of essential workers, saying "it's been huge."

Tory Starr, the executive director of Open Door, said the feeling is mutual.

"It makes us feel good to be able to help Shannon stay in business and she is able to help us," he said.

Starr said he knows how important his staff is to the well-being of the county and the partnership with Little Learners is "one of many ways to support our staff during his time."

"We are in the people business," he said. "If we can't take care of our people, they can't take care of the people in the community. Our greatest resource is our human resource."

Kimberly Wear is the assistant editor at the Journal and prefers she/her pronouns.

Reach her at 442-1400, extension 323, or kim@northcoastjournal.com. Follow her on Twitter @kimberly_wear.

'Complete Disregard'

Klamath restaurant re-opens in Klamath in defiance of state, tribal orders

By Kym Kemp

newsroom@northcoastjournal.com

The owners of a tiny diner, the members of a North Coast tribe, and the First District supervisor of Del Norte County clashed this weekend as tensions rise between those who fear economic collapse if their communities don't reopen for business and those who fear death and illness if their communities do.

On May 2, the Log Cabin Diner, a small restaurant located in Klamath, California reopened to dine-in customers. The owners, Sherry and Ed Scott, posted the sign above and few sentences on the restaurant's Facebook page. "WE are opening tomorrow Saturday May 2nd at 7:30am!! We are adding PIZZA to the menu as well as serving our regular breakfast and lunch menu. As all ways take [out] is available. Can't wait to see you!"

The tiny town of Klamath, population 779, sits in Supervisor District 5, not far from Del Norte County's southernmost border shared with its neighbor Humboldt County and at the heart of the Yurok Tribe's reservation.

Roger Gitlin, Del Norte County's District 1 supervisor, was one of the Log Cabin Diner's customers that day. "Angie and I learned the Log Cabin Diner in Klamath, owned by Sherry Scott and Ed would be opening, Saturday May

2 in defiance of Gov. Newsom's Executive Order for sit down dining," he wrote on his Facebook. "As you can see, we were joined by several other couples. ... Gov. Newsom is out of control and his Executive Orders are killing Del Norte County. I hope you will support Sherry and Ed at the Log Cabin Diner ... Also, I hope you will plan on making a huge stand in demanding our Governor loosen up its chains abridging our Bill Rights."

In addition, Gitlin urged, "Ret. Sheriff Dean Wilson is organizing a Rally Thursday, May 7, at 12 Noon, on the 101, at the Fairgrounds. Please join me. Bring your Flag, sign, and lots of supporters. Face masks optional. It's time to speak up."

The same day, the Yurok Tribe posted a response to the diner reopening.

"Operating a dine-in service is a violation of the orders the Tribe, county and state have put in place to prevent the spread of the coronavirus," said the statement issued by the Yurok Tribal Council on its Facebook page.

The Yurok Tribe, whose reservation closely follows the winding path of the Klamath River and encompasses the unincorporated town of Klamath, had ordered an emergency closure

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of its lands to non-residents nearly a month earlier on April 6 because of the COVID-19 crisis. They specifically exempted U.S. Highway 101, which runs through the western tip of their boundaries, "essential tribal government employees, authorized vehicles and essential services" but otherwise asked people who didn't live there to stay away.

"Normally, we welcome visitors with open arms as treating guests with hospitality is a traditional Yurok value. Right now, we need to take advantage of every opportunity to protect our most vulnerable citizens," Chairman James said. The tribe has a significant number of members with pre-existing health conditions such as diabetes and high blood pressure, which have been shown to increase the chance of contracting the virus and of increasing its severity.

According to Indianz.com, "The states collecting data on Native Americans who have died from the coronavirus are reporting stark disparities in health outcomes. For example, Native Americans account for 16 percent of the Arizona's Covid-19 caused deaths, although they represent only 4.6 percent of the state's population, according to the Arizona Department of Public Health. More than one-third of the coronavirus cases in New Mexico involve Native Americans, who make up less than 11 percent of the state's population."

The article quoted Yurok Vice-Chairman Frankie Myers, "From the start, our primary goal has been to take every available action to prevent this pathogen from entering our community ... Taking an aggressive approach toward stopping the spread of the virus is the most effective tool we have to keep our people safe and reduce the strain on the local healthcare system."

Late on May 3, the tribe issued a scathing press release stating, "The Tribal Council is acutely aware of the tremendous strain this public health emergency is having on local businesses. We fully support the Log Cabin's ability to offer to-go orders, but we do not support this affront to tribal sovereignty and the health of our people..."

"A sitting member of the Del Norte County Board of Supervisors promoted the apparent breach of the mandates that are in place to prevent new coronavirus transmissions. With a complete disregard for the Tribe's sovereignty and the safety of local citizens, Del Norte County Supervisor Roger Gitlin used Facebook to encourage his followers to "drive down to Klamath" to join him in eating at the diner. Klamath is not in his district."

The tribe followed up May 4 by delivering an official cease and desist letter to the restaurant. ●

Editor's note: This story was first published at www.kymkemp.com and is reported here with permission

Grief When the Losses Mount

Talking to our children about losing people and things they hold dear

By Peter Stoll

views@northcoastjournal.com

It has been a month and a half since my 9 year-old daughter has been in the physical presence of another child. To fully interact, to imagine, to run and play. She is not unique in this scenario that is being experienced by many children worldwide. She said kindly on a walk a few days ago, "I would like a sibling right now. I mean, you two are great, but I'd really like to spend some time with another kid." While a sibling isn't an option, I felt her statement viscerally. Never in my childhood did I go six weeks, let alone any weeks, without interacting with other children in person.

Like some of you, I have been spending many of my days in virtual environments for work and social interactions. The whole family is. Thank goodness for these video conferencing platforms because without them it would be nearly impossible to stay connected to work, school, family and friends. I had used these things for state meetings in the past, but never with the frequency that I am now and never with locals. A few weeks ago jokes emerged that aptly reflected the reality: You only need to dress for work from the waist up, with some chortling that it is still wise to put on your jeans occasionally so your shelter-in-place diet doesn't keep you from fitting into them. These jokes have grown stale for good reason — the novelty is fading, the reality is hitting and the jeans may not be fitting. Here we are, week six, and much about it is hard.

It has been my goal with this column to share tools and ideas that help with coping during this unprecedented time. And while we can compare this to the Spanish Flu of 1918, and there are a lot of valid parallels, we are in a very different landscape of uncharted territory. Today a co-worker inquired in the chat box on a Zoom meeting (so not 1918) how my family was doing. It has been a rough go with a lot of illness and a negative COVID-19 test — so suffice it to say, stressful. We try to focus on the bright spots and take plea-

sure in the beauty that surrounds us. The rising of a pizza dough or the sprouting of a seed become miracles to be highlighted and celebrated during these times. I send a photo of these miracles to my mother with glee. Look what happened — the thing that should happen happened! Yes! But amid the magic and beauty coexists a deep sense of loss and grief. Loss and grief are appearing with increasing frequency in what I read and the conversations I am part of. It is touching all of us.

The concert, the reunion, the trip, the fair, the birthday party, the backpack, the graduation, so many expectations of spring and summer are falling like dominos through the valley of our desires and our needs, with each domino a loss and each loss a potential point of grief. Loss and grief are to be expected during this time. One way to look at grief is that the sadness and disappointment that comes with a loss is a direct reflection of the positive value we find in that person or event. What we love and value holds real estate in our hearts, and when that valuable parcel is no longer, our pain reflects that. Essentially, we hurt because we love and desire. To experience pain and loss is therefore a validation of what we value and find important and dear.

Good Grief

Charlie Brown is a resilient survivor. He moves through adversity and challenges, and models kindness and growth while questioning his own self-worth. This fictitious character embodies self-reflection, tenderness, tenacity and perseverance. These are qualities many children hold, and the inevitability of pain often leads to interpersonal growth. Grief is a part of the pain, it is not a topic to skirt, rather it is a reality to explore and regard as a sacred element of life.

Predictions of COVID-19 and its course, even locally, suggest we will witness more

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NCJ GUEST VIEWS

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loss. The losses may be events or they may be lives, but they will continue. We hope and pray that this will pass in short order and that our social and family circles will remain safe. As we move together into this unknown let's embrace how this may effect children. And let's keep in mind that children are fledgling adults, making this is relevant to everyone.

Expressions of grief in children may look like emotional shock, regressive (immature) behaviors, explosive emotions or acting out behavior, or asking the same questions over and over again. Additionally, depending on the age of the child, they may process loss differently and may or may not experience grief in a manner we expect. It is common for adults to transfer their own grief experiences to children, and expect children to experience what we do. What is important to remember is that adults have more experiences to draw from that impact our expressions of grief. This doesn't mean that children aren't impacted, just don't expect them to share your experience.

Do not pathologize grief. In other words, to grieve is to be human. Grief doesn't predict that someone will experience significant challenges. Of course there are children and adults who benefit from support (such as counseling) to cope with a loss or a traumatic event. But this is not true for everyone. What supports children and adults in a time of loss is a loving network of family and friends.

As we move to support children in coping with grief, the National Association of School Psychologists highlights some important strategies:

Allow children to be the teachers of their grief experiences. Allow their expressions to guide their healing.

- Don't assume that every child in a certain age group understands death in the same way or with the same feelings.
- Grieving is a process, not an event.
- Don't lie or tell half-truths to children about a tragic event. Children see through false information. Loss and death are part of the cycle of life that children need to understand.
- Encourage children to ask questions about loss and death. Treat questions with respect and a willingness to help



Joe and Nancy Muha. Submitted

the child find their own answers.

- Don't assume children always experience grief in an orderly or predictable way.
- Let children know that you really want to understand what they are feeling or what they need.
- Children will need long-lasting support.
- Keep in mind grief work is hard. For adults and children.
- Understand that grief work is complicated. The current situation with COVID-19 highlights this well.
- Be aware of your own need to grieve.

While these suggestions to support children were published to address the loss of human life, many are applicable during this unique shelter-in-place era. Children are likely to get sad, angry, quick to flare, or become isolated during this challenging time. It is highly recommended that we engage children and give them the opportunity to voice their thoughts and feelings. What you may understand as the issue may not be at the root of the emotional expression. Make allowances and invest in patience. Knowing this may help guide our empathic responses to children, and to each other, by providing space while keeping channels of communication open.

Take care and be well. ●

This column is dedicated to Nancy Muha, my childhood friend Todd's mother. I met her 40 years ago in her kitchen in Traverse City, Michigan. She succumbed to COVID-19 on April 16. Blessings to her family.

Dr. Peter Stoll is a credentialed school psychologist and administrator and prefers he/him pronouns. He is a program director for the Humboldt County Office of Education and the Humboldt-Del Norte SELPA.

One Physician's Perspective

By Stephanie Dittmer

views@northcoastjournal.com

Now more than ever, Californians are relying on physicians to help guide them through these difficult times. While the outbreak of COVID-19 has created tremendous uncertainty throughout our communities, we have seen countless physicians put their own health and safety at risk to treat people facing a new, deadly disease.

But that sacred trust between physician and community was violated last week by two rogue physicians who opted to recklessly spread inaccurate and untested information about COVID-19. These two created a public outcry that only fed the viral spread of bad information as they selfishly put their own interests above the public good.

In this internet age, we are all used to bad information and unfounded conspiracy theories. What makes the actions of these two physicians so damaging is that they used the inherent trust people have in their physicians to disseminate their bad information. As CalMatters reporter Barbara Osterov wrote, "They dressed in scrubs. They sounded scientific. And last week's message from two Bakersfield doctors was exactly what many stuck-at-home Americans wanted to hear."

Unfortunately, their message was 100 percent inaccurate. Not only was it dangerous, it earned sharp and immediate rebuke from their peers. These two do not speak for doctors and should not be mistaken for credible sources.

Public health experts quickly debunked the doctors' findings as misguided and riddled with statistical errors. The American College of Emergency Physicians scolded the pair for cynically attempting "to advance their own financial interests without regard for the public's health."

Physicians are human, too. We all understand the tremendous stress and discomfort

that stay at home orders have created for people across the state, the country and the world. We want to get back to normal. We know that people are hurting economically. Many physician offices have also had to close their doors and furlough or lay off employees over the last several weeks.

The COVID-19 pandemic has created a great deal of mental anguish and economic uncertainty that should not be downplayed or underestimated, and that carries its own health risks.

But there is a right way to go about reopening our society. It must be done in a way that is anchored in scientific fact and expertise. Over the last several days, Gov. Newsom has started to chart out a course for California to get back to work, and back to something like our normal lives. Meanwhile, the California Medical Association, has established some guidelines and best practices for physicians to start reopening their offices and ensure that Californians can get the health care they need.

As COVID-19 has wreaked havoc with our communities, many people have opted to stay out of the doctors office. The number of reported stroke and heart attack cases in hospitals around the country is down as much as 30 percent. That's not because people are having fewer strokes or heart attacks. It's because people are trying to do the right thing by staying home, and many may be afraid of putting themselves in harm's way by going to see a doctor.

Unfortunately, this well-intentioned way of thinking may lead to much more complex problems in the future, as patients miss routine screenings and preventative care.

With proper safety precautions, a doctor's office is one of the safest places for a patient to be. Reopening them is an important step for California to take as a state.

It's not just emergency services. It's also

things like well-child visits, to ensure that kids are getting proper immunizations. There is also evidence that the shutdown of pediatric practices has caused a drop in child abuse reporting. Cases of abuse are often caught during well child visits, which are not routinely happening. By staying out of the doctor's office, these children are being left at risk.

Physicians and patients are taking precautions to minimize risk and ensure the doctor's office is a safe place to go. While many of us have ramped up efforts to service patients with telehealth visits, certain things just can't be done over the phone or in a Zoom meeting.

All practices and facilities must adopt comprehensive safety protocols including universal masking for patients, physical distancing, and removing toys and magazines from waiting rooms. The reopening of our health care system may also be regional. The reopening of California's health care system will not happen all at once, and will not be a one size fits all approach. The size and scope of the COVID-19 Pandemic in California calls for a regional, phased approach that recognizes local circumstances in the various parts of this diverse state.

The road back from the COVID-19 pandemic will not be easy. As many have said, it will not simply be a light switch that is turned on all at once that allows us all to instantly return to the way things were just a couple of months ago. It will be a winding road of ups and downs, with some trial and error. But if we do it responsibly, we can ensure we are protecting each other the best we can, in a responsible way, as we all work together to rebuild our lives and our communities. ●

Stephanie Dittmer, M.D. is the president of the Humboldt-Del Norte Medical Society.

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A Toe in the Water

As a slow relaxing of shelter in place begins, a long road lies ahead

By Thadeus Greenson

news@northcoastjournal.com

On May 4, Gov. Gavin Newsom delivered some desperately anticipated news: The state will begin lifting shelter-in-place restrictions May 8, in time for people to buy some flowers for Mother's Day.

"This is an optimistic day as we see a little ray of sunshine on the horizon," said Newsom.

But he also made clear this isn't going to look the way many had hoped, and it certainly is not what protesters have been clamoring for throughout the state. Yes, you'll be able to pick up those flowers but you'll have to do it from the sidewalk in front of the florist, which will have to follow strict protocols to keep masked staff and customers physically distanced, surfaces disinfected and everyone's hands washed frequently. And if you're looking for restaurants, offices and shopping malls to reopen, that's still going to be a while, though Newsom's announcement left Humboldt County officials optimistic those things may happen sooner here than in other parts of the state.

The governor's announcement came as pressure was building throughout the state to ease restrictions, with several counties acting in complete defiance of his order and Mendocino County Sheriff Matt Kendall having split from the county health officer, saying he no longer intended to enforce her order. Locally, roughly 50 people spent part of May 1 in front of the Humboldt County Courthouse, some wearing facial coverings made mandatory by a recent health order and many others not, protesting the shelter-in-place order and urging a full reopening of the local economy. They wore American flags and held homemade signs with slogans like, "Fear is the virus," "Tyranny: spreading faster than COVID-19," "Crisis does not excuse communism," and simply, "Open now." Up in Klamath the following day, a restaurant re-opened in violation of state, county and tribal orders.

Beyond the protest, there were more tangible signs this past week that the shelter in place order is having impacts beyond slowing the virus' spread, with a case count that has hovered in the low 50s for weeks after doubling in a six-day period in early April. Humboldt County Economic Development Director Scott Adair reported that the local area saw 5,846 local unemployment claims in March alone, business owners reported to a county survey they'd lost \$30.2 million in revenue and let go 2,400 employees. A planned four-hour food box distribution in Hoopa closed after just 45 minutes when supplies were depleted. In a county in which 20 percent of people lived in poverty and 40 percent of households reported food insecurity before shelter in place, food banks are reporting unprecedented demand.

Newsom said May 4 that his decision was not a response to growing unrest, coming after the state had met important benchmarks for moving to the second stage of reopening. The first stage, he explained, was making sure the entire state was prepared to move forward, meaning shelter in place had successfully stabilized hospitalization rates while officials scrambled to increase testing capacity, stockpile personal protective equipment for healthcare workers and prepare hospitals for a potential surge in patients. The second stage will see waves of businesses that were deemed non-essential under the initial shelter-in-place order, but are now considered low-risk, begin to reopen in limited capacities, starting with retail shops and moving to restaurants and office spaces. The third stage will see "higher risk" businesses begin to reopen their doors, from gyms and hair salons to movie theaters. The fourth stage — which Humboldt County Public Health Officer Teresa Frankovich has said likely won't come until there's a vaccine — will see the return of mass gatherings like concerts and sporting events in front of stadiums full of people.



Sheriff William Honsal and Public Health Officer Teresa Frankovich feel Humboldt County is well positioned to be released from certain shelter-in-place provisions ahead of other parts of the state. *File*

It's a process that will likely take a couple years, not months, Frankovich said at the April 28 meeting of the Humboldt County Board of Supervisors.

"Two years sounds really scary to people but it's not going to be two years of looking like this," she said, adding it will be a gradual return.

And as the *Journal* went to press May 5, that was slated to begin May 8, with retail stores allowed to open for curbside pick-up if they could follow certain guidelines that the state had yet to release. While the details remained unclear, Frankovich told the Board of Supervisors May 5 she believed they would include the basics she and Sheriff William Honsal have been urging local businesses to plan for: plans for maintaining at least 6 feet of physical distance between customers and employees at all times, monitoring employees for symptoms of illness, regularly disinfecting surfaces and providing a place for frequent hand washing.

"Those are the core principles we're asking everybody to incorporate," Frankovich said.

Honsal indicated once the state guidelines are released, the county Joint Information Center would push them out to business owners and the public so they could plan accordingly. Businesses' plans will have to be reviewed by the county, officials said.

On May 4, California Department of Public Health Director Sonia Angell explained that while these first modifications to the state's shelter-in-place order do not include re-opening offices, shopping malls or restaurants for seated dining, the next phase will allow room for regional variations that might include those chang-

es. But it will require local governments certifying that they meet state criteria to further loosen restrictions.

Newsom said counties that have seen hospitalization and intensive care unit rates stabilize and can prove they have sufficient local capacity for testing and contact investigations, as well as the capacity to "protect the most vulnerable," can certify that they are ready to move further into phase two before the rest of the state, which could include re-opening restaurants and "hospitality more broadly" with modifications to meet state guidelines. If a county's health officer certifies its readiness and its board of supervisors agrees, the county can send its certification and re-opening plan to the California Department of Public Health for review.

While the exact criteria for making such a certification hasn't been released by the state, local officials seem optimistic Humboldt will meet many points. The county's rate of confirmed COVID-19 cases has slowed markedly, with only three of the 54 local cases having been reported since April 7. Newsom stressed the importance of contact investigations in his May 4 remarks, announcing aggressive state steps to bolster the number of investigators public health officials can use to track a confirmed new case's contacts with other people so they can be tested and quarantined, limiting spread of the virus. Only 23 counties in the state are actively conducting contact testing, he said, and Humboldt County is one of them, having used the tool aggressively since the first confirmed local case and having since trained 30 additional investigators.

Frankovich said she feels the county is well prepared when it comes to testing

capacity, noting that a new mobile lab set up Redwood Acres Fairgrounds has greatly increased capacity and will soon be able to test 132 people a day, sending samples to an out-of-area laboratory for processing. Frankovich said the state wants counties to get to the benchmark goal of testing one person daily per 1,000 people in the local population with plans to get to two people per 1,000. To meet the first benchmark, Humboldt County would have to be testing about 135 people daily — which officials say can be done.

But the county has yet to reach that mark. The closest it came was 134 on May 2, and while testing has ramped up considerably in the last couple weeks, the county has averaged 65 tests per day since April 25.

On the subject of testing, Frankovich and Honsal also announced May 5 that the mobile lab is now testing people from the public without a referral from a healthcare provider. People with mild symptoms — or even no symptoms — can schedule an appointment by visiting www.lhi.care/covidtesting or calling (888) 634-1123. Honsal said whether or not they have health insurance, people will not be charged for the test. People with severe symptoms, they said, should contact their healthcare providers so their sample can be tested at the Public Health Laboratory, which can process samples faster than the corporate labs.

While there has also been a lot of buzz locally about a health clinic offering serology — or antibody — testing, Frankovich warned that much about the virus is still unknown, including whether or when it can re-infect people with antibodies in their system.

“It’s a really good public health tool to look at populations but it’s not a really good tool for people to make decisions about their health,” she said.

As to how to protect those most vulnerable to the virus, there are a couple ways to view that benchmark. Frankovich and Honsal have said the county has taken some aggressive steps to protect those living in congregant living situations — like skilled nursing facilities, senior care homes and the jail — because an outbreak could quickly spread out of control.

But the state indicated it also wants to see plans and infrastructure to protect those statistically most vulnerable to the virus — that is seniors, people with compromised immune systems or underlying illnesses — and indications are Humboldt County has a disproportionate number of these, as more of our population is 65 and older, and/or suffers from heart disease, diabetes and strokes than the rest of the state. This is also very much a part

of current preparation efforts. Deputy Health Officer Josh Ennis said the county has put some systems in place to support people who have been ordered to isolate or quarantine because they’ve had the virus or were awaiting test results, including bringing them food and medications. The county is now looking at how these systems might be “built out” to help keep seniors at home longer term.

The state is also looking to confirm that local healthcare systems have expanded capacity to the point they wouldn’t be overwhelmed by a surge of cases. Ennis said alternative care sites — one being built out at Redwood Acres Fairgrounds and another adjacent to Mad River Community Hospital — are still gathering supplies and readying for a potential surge, while the hospitals themselves are planning to maximize the number of patients they can treat and expand intensive care capacity. Overall, he said, plans are in place that would triple the number of intensive care beds in the county if needed, adding that the county currently has 46 ventilators, about 20 more than it did a month ago.

But the larger question Ennis and Public Health are scrambling to figure out is: If all those beds are needed, who is going to staff them?

“Our workforce is probably the most critical component of this and likely where we’re to experience the most significant limitations,” Ennis said. “There’s been a lot of discussion with hospitals and other healthcare entities out in the community about what this could look like.”

The focus, Ennis said, is on the various skillsets people have, realizing if the surge comes, it will necessitate an all-hands-on-deck approach. That could mean using anesthesiologists and surgeons to work in intensive care units, relying on tele-health were possible and potentially even recruiting “people out in the community comfortable enough with in-patient medicine to contribute to the workforce” at the alternate care sites. Reinforcements could come from the state, Ennis said, though he added officials would like to “see this happen locally as much as possible.”

While hurdles remain, it does appear the county is better poised than many to move on to other controlled re-openings. But Public Health Director Michelle Stephens cautioned one limiting factor may be neighboring counties, which she said are virtual “testing deserts” with very limited testing, even comparatively.

“I wonder how that’s going to play out,” she said.

Frankovich later indicated a spike in cases in a neighboring county could also

Continued on next page »

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NCJ ON THE COVER

Continued from previous page

push Humboldt County back.

"An outbreak that's across a county border is our outbreak, too," she said.

Moving forward, Honsal and Frankovich have urged local business owners and organizations to begin preparing for re-opening in some capacity by putting health and safety plans in place to maximize physical distancing and surface disinfecting, stressing that if the county is allowed the autonomy to move forward ahead of other parts of the state, it will prioritize opening operations that can operate safely.

At the board's April 28 meeting, Fourth District Supervisor Virginia Bass asked about personal care salons and why they're lumped into the third stage of re-opening as outlined by the governor. "There are creative local business owners who could put plans in place to protect their customers and employees," she said, asking, "Do you see any wiggle room in that kind of situation?"

Frankovich reiterated that the intent is to reopen businesses based on risk factors — whether customers and employees can socially distance and wear masks, whether surfaces can be regularly disinfected and if there are hand washing stations. An issue will be making sure everyone can keep 6 feet apart from the moment they enter an establishment until the moment they leave, she said.

But if the bar is 6 feet, that's "a real hard requirement," Bass said, adding, "unless you have big sticks you use to hand people food," restaurants can't meet that requirement now for take-out services, though they're allowed to continue operations. Frankovich said she thinks the distinction there is the combination of distance and length of proximity, noting that getting your hair or nails done necessitates "prolonged, intimate contact."

Bohn then asked whether there could be separate sets of rules for those statistically most vulnerable to the virus — seniors and people with underlying illnesses or compromised immune systems — and younger, healthier people.

"There's a lot of healthy people out there that can interact a little bit more via haircuts," he noted.

Frankovich said "the answer to that" is that Public Health will be pushing for those vulnerable to isolate and avoid social contacts as much as possible until there's a vaccine or "some darn good therapeutics" that have proven very effective in treating the disease. Fennell then chimed in to note that there are some healthy people who have gotten "very, very sick" from the virus, saying everyone "wants to get back to normal but we don't want to gamble with people's lives."

Newsom and local officials have also warned repeatedly that a spike in cases could put shelter in place restrictions back in place.

During the May 5 meeting, Third District Supervisor Mike Wilson said he understands the focus on business but also urged Frankovich and Honsal to work toward the re-opening of aspects of life that don't pertain to commerce.

"It's not just all about the ability to go to a store but the ability to have human interactions," he said.

Frankovich assured there's a lot of work being done on this, saying she hears from summer camps, childcare providers and religious organizations clamoring to re-open. The issue there, she said, is "gathering sizes," saying the state and county still need time to assess when groups of people will be allowed to congregate.

With the state dipping a toe into the proverbial waters May 8, a pair of public commentators at the meeting illustrated the unease with which almost everyone is viewing this step. The first urged the county to quickly re-open everything to get people back to work. The other said no matter what re-opened, she wasn't going out.

The back and forth helps illustrate the delicate dance taking place as officials weigh statewide preparedness against local needs, preparation against urgency, protection against risk, and economic damage and all that comes with it against the spread of a deadly virus. Amid it all, there's a vocal contingent who simply don't believe the risk is what the vast majority of the world's epidemiologists, physicians and public health officials say it is.

"Sometimes people don't want to hear what's being said and so they're going to go shop for something else to try and provide an argument [against] what we're doing here. And I get that. Trust but verify, right?" Honsal said into his webcam at the supervisors' meeting. "But the fact is, we have to go with the facts. Dr. Frankovich and I are dedicated here to doing what is best for our community. And we understand these are harsh decisions at times, but these are decisions we make for our county, for our people, in the best interest of public health at this time." ●

Thadeus Greenson is the Journal's news editor and prefers he/him. Reach him at 442-1400, extension 321, or thad@northcoastjournal.com. Follow him on Twitter @thadeusgreenson.

Rice Sacks and Blessings

Hmong and Lao volunteers feed their communities

By Jennifer Fumiko Cahill

jennifer@northcoastjournal.com

Every April the Humboldt Grange fills with music, prayer, the chanting of Buddhist monks and Lao food — tables laden with aluminum trays of fried fish, spring rolls, rice cakes and pungent salads — some of which families bring up in silver chalices as New Year's offerings to their ancestors. But this year, under the threat of COVID-19 and the restrictions of the resulting shelter-in-place order, there would be no feast, no families and friends gathered on mats, praying shoulder to shoulder to mark the lunar new year. But that doesn't mean they're not coming together.

Instead, a group of local Lao and Hmong folks joined to help bring much needed food and emergency supplies to families in both communities. On May 2, with \$8,000 in funds from the Humboldt Area Foundation's COVID-19 Regional Response Fund, volunteers distributed Southeast Asian food staples, first aid kits, school supplies and health information related to COVID-19 translated into Hmong and Lao to some 70 families.

When Pata Vang, a Hmong American who works as a clinical social worker, heard about potential grant money from HAF, she reached out to "people I knew were willing to put in the work," some of whom were old classmates from Humboldt State University, like Ampha Mannorind and Thavisak "Lucky" Syphanthong. The two are, respectively, the president and vice president of the NorCal Lao Foundation, a nonprofit that grew out of a traditional dance group to support and sustain Lao culture in the area. Once the budget was secured, members, friends and relatives got their assigned tasks.

Over the phone last month, Malina Syvoravong, who was working on the logistics of supply lists and sourcing, explained that while the idea of Asian Americans as a "model minority" is still prevalent in mainstream culture, many in Lao and Hmong communities are low

income. Elders and others with language barriers find it difficult to access resources. In some cases, existing need is exacerbated by the economic fallout of the pandemic. "Families might be losing business, losing income. And a lot of households are multigenerational, and that's a lot of mouths to feed," said Syvoravong.

Even if Lao and Hmong families are able to access supplies from Food for People, which Vang noted is a great source of fresh vegetables, the concept of stocking up on staples varies from culture to culture.

"The needs of Lao and Hmong families, their diet is just so different from the average American person," said Syvoravong. "During this time you should never buy food you're not going to eat [to avoid food waste]. Most Lao and Hmong families eat a lot of rice, not a lot of dairy, a lot of fresh greens. Beans don't do well with the stomachs of a lot of Asian Americans." Elders especially might have trouble with a sudden change in diet in an already stressful time. Citing the drop in business Asian markets and Chinatowns all over the country have suffered since the pandemic reignited anti-Asian racism and xenophobia, she said, "We hope to purchase a lot of these foods from a lot of the smaller Asian American stores. We want to use this money to help those businesses thrive."

Once they had their respective shopping lists, volunteers arranged to pick up noodles, rice — some by special order, as everything from Basmati to sushi rice was vanishing from store shelves at the start of shelter in place — and other food items from Asia's Best, Lao Oriental Market, Oriental Foods and Spices, Vang Chang Market and Little Japan, as well as Crescent City Oriental Market. After assembling the food and kits at Syphanthong's Eureka Skate Shop and making deliveries to some families on Friday, on Saturday the team



Volunteers with the Humboldt Lao Foundation load bags of rice onto a truck to be distributed to Hmong and Lao families in need.

Photo courtesy of Thavisak Syphanthong

donned masks and gloves to hand out supplies to families who pulled up to the curb at the Davis House on Harris Street. The plan was to go from noon to 2 p.m. but cars were waiting at 11:30 a.m., and by 12:45, everything was gone.

Vang said along with the food, it's important to get translated information about COVID-19 related health and safety guidelines to people, particularly "elders who live by themselves and don't have young people living with them. ... In larger cities in the Midwest, and in Fresno and Merced, they do have sources for information," along with international news in their native languages. In Humboldt County, there is one Hmong speaker on staff and Lao translation available at the Department of Health and Human Services information line (441-5000). But, Vang pointed out, vital information is often spread word of mouth. "Like, 'I gotta tell my auntie, I gotta go tell this other family' — it's really about how we communicate with each other in a small town."

"This is kind of the first time for our generation for the Hmong and Lao community to work together," said Syphanthong, who helped out with a similar effort through the Hmong Community Center in Crescent City. It's a sentiment echoed by Vang, who said there hasn't been an opportunity to come together like this before, though she hopes for more collaborations on both aid and

events in the future. She also hopes to reach other small communities, like Pacific Islanders in the area.

Syphanthong, whose refugee parents told him they gave him a sleeping pill as an infant in order to flee Laos in silence under gunfire, said he and other local first- and second-generation Southeast Asians who grew up in the U.S. and were able to gain further education and stability feel a pull to give back to elders and other families.

Mannorind echoes the sentiment, adding that hers was one of the first families to cross from Laos into Thailand after the U.S. pulled out of Vietnam. "We're kind of the lucky ones," she said, in that their parents shared their stories. Knowing their sacrifice, she said, makes her want to help her community.

"With this whole shelter in place and COVID, there's no New Year celebration," she said, which means missing paying tribute to ancestors and the blessing to cleanse one's sins. "A lot of things we look forward to we're not able to do. Being able to do this — passing out food and helping families — it's a blessing."

Jennifer Fumiko Cahill is the Journal's arts and features editor and prefers she/her pronouns. Reach her at 442-1400, extension 320, or jennifer@northcoastjournal.com. Follow her on Twitter @JFumikoCahill.

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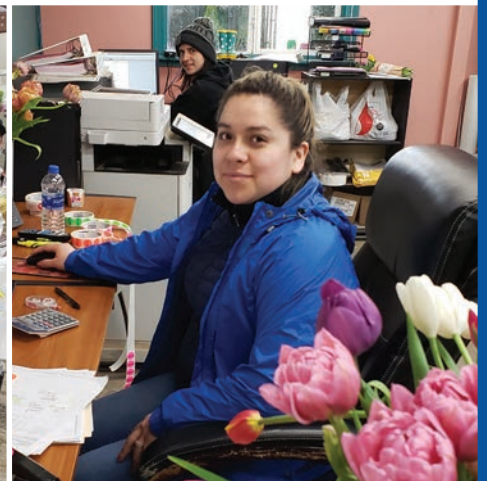
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Humboldt Country Strong – For Over 40 Years

The Cat Would Like You to Return to Work

By Jennifer Fumiko Cahill

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Oh, hey. Did I wake you by running full bore through the living room and leaping up the couch arm onto your head? Well, now that you're up, let's talk.

First of all, it's four o'clock in the afternoon. Not only are you here but you're napping. In my 4 p.m. spot. And it's weird.

The first few days you were home it was ... fine. There were long trips to the grocery store and bouts of cooking and panicky housecleaning that mostly kept you out of the way. But now you've hoarded more toilet paper than I have time to shred into a fluffy mountain and you're just ... here. Linger.

Even worse than your abandoned hygiene routine, the smell of sourdough is unbearable. I thought I made myself clear when I knocked your revolting jar of starter slime off the counter. But there it is again, mocking me like your stupid bird, swelling and bubbling against the glass. The amount of attention you give it is equally unsettling — feeding it morning and night without it having to knock everything off your nightstand or howl directly in your ear. It's not natural.

It's time for some hard truths. You're never going to write that novel. Your French is not "coming along." And you're not getting any better at yoga. Nobody is listening to your podcast. It's time for you to go back to work.

How happy are you at home, anyway?

These Zoom cocktail hours are nearly as irritating as when you actually have company over but without the dropped food. (Side note: Pouring the contents of the dusty gift bottle of Kahlua into the leftover milk from your Fruity Pebbles isn't making a cocktail.)

You're so worried about getting or passing a deadly virus that you haven't considered how it's affecting me.

This lockdown is curtailing my basic freedoms. That includes my freedom to enjoy the quiet of the windowsill without you staring longingly at the empty street over my shoulder. My freedom to bathe myself on your pillow and swipe skin from the rotisserie chickens you used to bring home before this bizarre obsession with stockpiling beans started. Beans. When there's a perfectly fat parakeet right there.

We all take risks. Look at all those framed photos on the bookshelf closest to the stupid bird's cage. Do they stop me from climbing up and launching myself at its stupid latch? No. They go crashing to the ground in a heap of busted glass that takes you 40 minutes to clean up and has left at least one sliver under your nail that is starting to look a little puffy. But I don't let that stop me because I'm not a coward.

Let's say you do get the disease. Look at the science: It won't transfer to me. Also the virus is passed by "droplets" which, of course, is a euphemism for slobber. Sounds like dog people to me. Let 'em go.



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In fact, only a small percentage of humans — again, mostly dog people who don't personally feed me — will actually die. Could one of them be you? Sure. But if there's one thing cats have learned over the millennia we've spent gracing your temples and homes, it's that there are always more humans. They serve you for a few years and die; you eat their soft tissue until someone notices their mail piling up and then you find another one to bring you food.

Just look at all the people crowding beaches and protests. Think of their cats, blissfully roaming their homes in peace. Look at all that soft tissue. But no. You only think of yourself.

For god's sake, make a mask out of those pants you've stopped wearing and get back out there so I can return to the lifestyle to which I'm accustomed: waiting for food at dawn, napping, glaring at the bird, kicking litter onto your bathmat, napping, glaring at passersby and scooting my ass across the kitchen counter before you return to feed me again.

Maybe your job is one you can do following the rules of this "social distancing"

thing you keep blathering about. Maybe it's not. Maybe you breathe other people's air all day while you bring them food or trim their useless claws. Maybe you stand shoulder to shoulder with other slobbery humans, assembling essential products like felt mice with little bells inside them. What do you actually do when you leave here in the mornings? Sorry, that was reflex. I don't actually care.

The point is, yes, you might catch this thing. And if the news you scroll through until you black out on boxed wine and Little Debbie's is any indication, it could go badly for you or whoever you slobber on. But either way, I'll be fine.

Editor's note: This is satire. Cat's can't talk. And your pets want you to wear a mask, practice social distancing and stay safe. The dogs, anyway.

Jennifer Fumiko Cahill is the arts and features editor at the Journal and prefers she/her. Reach her at 442-1400, extension 320, or jennifer@northcoastjournal.com. Follow her on Twitter @JFumikoCahill.

NCJ WHAT'S GOOD



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Have a tip? Email jennifer@northcoastjournal.com

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Calendar

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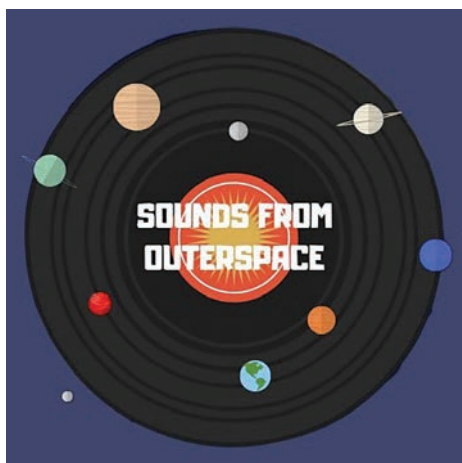
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On **Saturday, May 9 at 8 p.m.** KEET takes you back to when **Sam Reider & the Human Hands** played **Live at the Old Steeple**. That means all the accordion, bluegrass and jazz echoing through the Ferndale venue, without the drive home.



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Miss your **book club**? Zoom into the **Humboldt County Library's** virtual version on **Saturday, May 9 at 1 p.m.** (free). Sign up via the library's website or Facebook page and wait for the emailed link. Then join the meeting and chat about a different short story — finally, a short story club! — every week.



Sounds from Outer Space

You can find a number of local musicians offering downloadable songs and albums over at **Band-Camp's** website. And if you're feeling nostalgic for the Outer Space in this time of limited space, check out www.outerspacearcata@bandcamp.com for **Sounds from Outer Space**, a 24-track digital album of local and touring bands that rocked the former venue, from Sue and the Namies to Medicine Baul to Kitten Forever.

BULLETIN BOARD

Friends of the Redwood Library invite children to use their imagination to draw a picture or character from a favorite book for its annual Children's Art Calendar. Fill out the application at www.eurekafrl.org and enter up to three pictures by sending photos of the drawing(s) to frlcalendar@gmail.com or P.O. Box 188 Eureka, CA 95502. All who enter get a gift certificate to the Serendipity Book Store upstairs in the Eureka Main Library.

KEET is accepting short quarantine videos. Shoot a one-minute clip on your phone or tablet about how you're spending your downtime during shelter in place — gardening, cooking, knitting, whatever works for you — as well as whatever silver linings you've discovered. Send video files to production@keet-tv.org. These short videos will be used on KEET-HD and may be edited for length.

KEET is also accepting video stories from local Asian Americans and Pacific Islanders. As part of Asian American Pacific Islander Heritage Month in May, KEET is looking for stories from you to share. What experiences have you had living on the Redwood Coast? Tell us your story. Call 445-0813 or submit your story to production@keet-tv.org.

The Redwood Art Association seeks submissions. RAA will hold a juried virtual exhibition with prizes, judged by Dean Smith of College of the Redwoods. Deadline for online entry is May 9 at 5 p.m. for the May 13 opening. Exhibition entry and details available at www.redwoodart.us. The exhibition is open to RAA members. Membership available on the RAA website.

Humboldt County Library materials are available even without a library card. Create an e-account at www.humlib.org with just your name, zip code and an email address for access to e-books, audio books, magazines and databases, even while the library is closed. Click "Connect with a Librarian or Get an e-Account" or call 269-1915 Tuesdays through Saturdays 10 a.m. to 5 p.m. Or use your library card on the site, even if carrying a bill. Wi-Fi is also available outside all library locations Tuesdays through Saturdays from 9 a.m. to 9 p.m. Please observe social distancing while using library Wi-Fi. Hold onto library books and other materials, as drop boxes are locked.

Quarantine Café seeks submissions. Share your gifts with the daily half-hour program featuring performances and interviews with musical acts from around the world. For submission guidelines, go to www.facebook.com/quarantinecafe. New episodes air weekdays at 3 p.m. The entire backlog of episodes is available on Facebook and soon YouTube. Email quarantinecafe2020@gmail.com.

The city of Arcata is offering free delivery of backyard compost bins, which may be purchased for the discounted price of \$25. Email eservices@cityofarcata.org or by calling 822-8184. Proof of residency within Arcata city limits is required. For more information on zero waste practices, visit www.cityofarcata.org.

The Humboldt County Animal Shelter will be closed to the public until the shelter-in-place order is lifted, though staff will still be feeding and caring for the animals, as well as taking calls Monday through Friday from 8 a.m. to 4:30 p.m. If your pet is impounded at the shelter, call 840-9132 to make pick-up arrangements. If you leave a message, your call will be returned.

GET HELP/GIVE HELP

The city of Eureka is accepting donated face coverings. Homemade cloth masks, no-sew masks,

bandanas and elastic hair ties will be sanitized and distributed to St. Vincent de Paul, the Eureka Rescue Mission and the Betty Kwan Chinn Day Center. Wear your own face covering when leaving masks or materials in the donation box outside the main entrance of Eureka City Hall at 531 K St. weekdays from 8:30 a.m. to noon and 1 to 4 p.m.

The Humboldt Arts Council is offering \$665 grants for new work by 15 visual artists residing in Humboldt during shelter in place. The artwork will be featured in the exhibition *Art in Place* at the Morris Graves Museum of Art, first as a virtual exhibition and in person when the MGMA is re-opened to the public. Applications at www.humboldtarts.org. Deadline is May 13 at 5 p.m. Contact Jemima@humboldtarts.org.

Area 1 Agency on Aging Partners and the Friendship Line offer support to seniors. Older adults can call the toll-free "warm line" (1-888-670-1360) for a friendly listening ear and emotional support for those facing loneliness, isolation or anxiety, including concerns about COVID-19. Both the new number and the 24-hour, toll-free Friendship Line (1-800-971-0016) will take inbound calls, as well as offer pre-scheduled outbound call service.

Redwood Community Action Agency is offering help with energy bills — home heating bill or the purchase of propane, firewood, pellets or kerosene — for low to moderate income households. Call 444-3831, extension 202, to see if you qualify. To learn more about RCAA's programs and services, visit www.rcaa.org or call 445-0881.

CalFresh EBT cards can be used for online and home delivery shopping at Amazon and Walmart. Visit www.getcalfresh.org to apply or call (877) 847-3663 to be connected to your local county social service office.

Redwood Coast Energy Authority is offering a \$500 rebate for purchasing electric bikes through October or until funds run out. Learn more at www.redwood-energy.org/services/transportation/electric-bikes-rebate, call 269-1700 or email EV@redwoodenergy.org.

Humboldt County free school meals are available. For a complete list of all district meal times and distribution locations, visit the Humboldt County Office of Education's website: www.hcoe.org/covid-19-2/school-meal-times-and-locations.

Northern California Community Blood Bank: You can make an extremely essential outing and safely donate at a number of times and locations around Humboldt. Blood mobiles and the blood center are set up for social distancing. Visit www.nccbb.net for a full schedule.

Mad River Community Hospital: Donations of PPE can be made at the main hospital entrance Monday through Friday, noon to 2 p.m. Facilities in need of masks can reach out to the Facebook group Humboldt Coronavirus Mask Makers for donations.

Emergency Grants Available to Help College Students Stay in School with a \$500 California College Student Emergency Support Fund for low-income students who are currently enrolled full time and have already completed 24 semester units. Undocumented immigrants, foster youth and those who are housing insecure are urged to apply. Apply online at www.missionassetfund.org/ca-college-student-grant.

SoHum Health's hospital and clinic staff are calling seniors residing in the area to offer a wellness check, information on grocery delivery services via the Healy Senior Center, prescription refills and delivery, and Tele-health visits with their clinic providers, if needed.

Don't wait for a call, contact SoHum Health's Senior Life Solutions at 922-6321.

Humboldt Area Foundation and its affiliate the Wild Rivers Community Foundation (in Crescent City) have launched the COVID-19 Regional Response Fund. Tax-deductible contributions can be made by mail, at www.hafoundation.org or in person. Grants will go to nonprofits, other charitable organizations and Native Indigenous organizations in Trinity, Humboldt, Del Norte and Curry counties. Visit www.hafoundation.org or call 442-2993.

Pacific Gas and Electric Co. (PG&E) is implementing a series of billing and service modifications effective immediately to support customers experiencing hardships as a result of the COVID-19 pandemic. For more information, visit www.pge.com/covid19.

VIRTUAL WORLD EVENTS

ARTS & MUSIC

College of the Redwoods Juried Student Exhibition. April 14-May 14. Virtual World, online. A virtual show of student work on view at the Creative Arts Gallery website, where visitors can explore the exhibition in full. You can also see work posted daily on Instagram at [@redwoodsgallery](https://www.instagram.com/redwoodsgallery) and at www.facebook.com/collegeoftheredwoodsgallery. This year's judge is Gina Tuzzi. Free. www.redwoods.edu/artgallery.

Club Triangle Streaming Saturdays. Saturdays. Virtual World, online. Weekly online queer variety show. Submissions accepted daily then shared on Streaming Saturdays all day. Post your art on social media and tag [@clubtriangle](https://www.instagram.com/clubtriangle). [#coronoshbettadont](https://www.instagram.com/clubtriangle). www.instagram.com/clubtriangle. www.facebook.com/clubtriangle707. Free.

EmRArt with James Zeller. Saturdays, 2-4 p.m. Virtual World, online. Cross-platform entertainment from remote locations. James Zeller plays jazz from Arcata, and Emily Reinhart lays charcoal on birch wood in Eureka. Watch via Facebook (www.facebook.com/EmRArt) or by YouTube. Free. www.youtube.com/channel/UC1cIGc_-RErD-vHWjNBsbhIQ.

The Future Is Now: A Zoom Communique. Thursdays, 6:30-8 p.m. Virtual World, online. A fun and interactive Zoom call based in Humboldt County. Join time travelers from your future who are searching for the artifacts from our time that predict life in the decades to come. Do you dream and work for a better future? Hear how your work turns out! Email or visit the Facebook event page for the Zoom link. Free. CoopHumEd@gmail.com. www.facebook.com/events/1657090377763791.

The J Street Regulars Radio Hour. Mondays-Fridays, 7-8 p.m. Virtual World, online. A live-stream performance from the Sanctuary's Great Hall via Facebook Live. One of the J Street Regulars hosts, performing live and taking requests. Free, donations via website welcome. nanieldickerson@gmail.com. www.sanctuaryarcata.org/donate. 822-0898.

Social Distancing Festival, Virtual World, online. A site for celebrating art from all over the world. Tune in for live streams of music, theater, storytelling, performance art and more. www.socialdistancingfestival.com. Free. www.socialdistancingfestival.com.

Socially Distant Fest. Another Facebook group for virtual connection and entertainment with 57,000 members and growing. From the group's "About" page: "This group has been created to bring some entertainment to those of us that are isolated/quarantined or distanced socially because of the COVID19

pandemic. We welcome performers of all backgrounds (musicians, poets, puppeteers, fire spinners, etc.) to share their talents with us! We will have a showcase every Sunday." Email howdy@sociallydistantfest.com to perform. Find it at www.facebook.com/groups/sociallydistantfest.

Quarantine Sing-along. Ongoing, 7 p.m. Virtual World, online. A Facebook group to join if you like fun group singing. Song of the day posted at 3 p.m., singing starts at 7 p.m. www.facebook.com/groups/quarantinesingalong. Free.

BOOKS & SPOKEN WORD

Reading in Place online book club. Saturdays, 1 p.m. Virtual World, online. Join the Humboldt County Library for a new online reading group with meetings via Zoom. Discuss a different short story each week and connect with other readers. Sign up using the Google Form link online or via the library's Facebook page and you'll receive an email with the Zoom meeting link to click when it's time to start. Free. www.humboldt.gov.org/Calendar.aspx?EID=5991&month=4&year=2020&day=25&calType=0. 269-1915.

Poetry on the Edge. Ongoing, noon. Virtual World, online. This Facebook group of Humboldt County poets (and lovers of poetry) is about living on the edge of the continent, on the edge because of the crazy pandemic we're living in, and because words give us a way to explore both the shadows and the light. Hosted by Eureka Poet Laureate David Holper. Free.

DANCE & MOVEMENT

Hip Hop Dance Class with Cleo. Mondays, 2-3 p.m. Virtual World, online. Let loose with some easy footwork and isolation, while finding your own groove. Wear stretchy clothes and prepare space to jump around and shake what your mama gave ya. Donations of any amount can be sent through PayPal under Cleo_deorio@yahoo.com. Pay what you can. cleo_deorio@yahoo.com or Venmo under @cleodeorio. www.youtube.com/channel/UC3K_ieEdMDotn2qjZclKh2g. (567) 242-8953.

Modern Dance Class with Cleo. Thursdays, 10-11 a.m. Virtual World, online. A relaxing and explorative modern class from the comfort of your own home. Find balance, strength and flexibility amid the quarantine stress. Wear stretchy clothes and prepare space to sprawl out on the floor. This class will be hosted on YouTube Live and is pay-what-you-can. Donations of any amount can be sent through PayPal under Cleo_deorio@yahoo.com or Venmo under @cleodeorio. Pay what you can. cleo_deorio@yahoo.com. www.youtube.com/channel/UC3K_ieEdMDotn2qjZclKh2g.

Restorative Movement. Tuesdays and Thursdays, 10:30-11:30 a.m. & 1:30-2:30 p.m. Virtual World, online. This class includes breath work, relaxation, and a variety of yoga and non-yoga movement styles. Tuesday classes focus on strength and mobility. Thursday classes focus on relaxation and breath work. Contact instructor Ann Constantino for a link to the online class orientation. Free. annconstantino@gmail.com. www.sohumhealth.org. 923-3921.

Tabata. Mondays, Wednesdays, Fridays, 5:30-6:30 p.m. Virtual World, online. SoHum Health presents online Tabata classes. Tabata exercises are short, high intensity cardio workouts consisting of quick rounds of exercise at maximum effort, followed by 10 seconds of rest. Contact instructor Stephanie Finch by email for a link to the online class. Free. sfinch40@gmail.com. www.sohumhealth.org.

Zumba Live with Tigger. Tuesdays and Thursdays at

5:30 p.m. Virtual World, online. Via Facebook Live and Zoom. Find Tigger Bouncer Custodio on Facebook for details.

KIDS

Boston Children's Museum Walk-through Tour. Ongoing. Virtual World, online. See the fun, educational exhibits from your couch. Free. www.bostonchildrensmuseum.org/museum-virtual-tour.

Drag Queen Story Hour. Virtual World, online. Glitter, wigs and stories for the kids. Visit www.facebook.com/pg/dragqueenstoryhour/events to see who's reading when and hear a fabulous story. Free.

Goodnight with Dolly. Thursdays, 4 p.m. Virtual World, online. "Goodnight with Dolly" will continue every week on Thursday nights until June 4. Dolly Parton will read a book carefully chosen for appropriate content from the Dolly Parton's Imagination Library. www.facebook.com/dollysimaginationlibrary.

Mondays with Michelle Obama. Mondays, 3 p.m. Virtual World, online. Read along with the former First Lady via PBS' Kids Facebook page and YouTube channel, and Penguin Random House's Facebook page.

Roald Dahl Museum Read Along. Ongoing. Virtual World, online. Fun and engaging resources for educators, parents and kids. www.roalddahl.com/things-to-do-indoors. Free.

San Diego Zoo Kids. Ongoing. Virtual World, online. Zoo videos, activities and games. www.kids.sandiegozoo.org. Free.

Virtual Field Trips. Ongoing. Virtual World, online. For kids (and grown-ups, too!) Visit the Great Wall of China, Anne Frank House, Monterey Bay Aquarium, International Space Station, The Louvre Museum and more. www.freedomhomeschooling.com/virtual-field-trips. Free.

Virtual Marine Camp for Kids. Mondays, 11 a.m. Virtual World, online. Seattle-based Oceans Initiative marine biologists and parents Erin Ashe and Rob Williams livestream Mondays simultaneously on Instagram and Facebook. No need to sign up. Just like and follow their pages, and they'll "see" you Mondays at 11 a.m. Free. [@oceansinitiative](http://www.facebook.com/OceansInitiative), www.oceansinitiative.org/blog.

MOVIES & THEATER

Dell'Arte's CLOWN! Thursday, May 7, 8-9 p.m., Friday, May 8, 8-9 p.m. and Saturday, May 9, 8-9 p.m. Virtual World, online. The Dell'Arte International School of Physical Theatre presents a weekend of raucous performances by 18 clowns as they shelter, laugh, dance, slip and pratfall in place. Details and Zoom links for the three performances will be available on the Seasons Page at www.dellarte.com. Donation. [dellarte.com/shows-and-events/2019-2020-season/#](http://www.dellarte.com/shows-and-events/2019-2020-season/#).

Miniplex Movie Premiers. Virtual World, online. Support the Miniplex and enjoy fresh arthouse cinema at home. Check out films for three to five days (details online). Movies TBA. \$12. www.miniplexevents.com/movies.

Minor Theater Movie Premiers. Virtual World, online. Support the Minor from your home theater. Check out films for three to five days (details online). Movies TBA. \$12. www.minortheatre.com.

Radioman. May 7-13. Virtual World, online. The 2019 Dell'Arte production the wartime drama based on Eric Hollenbeck's book *Uncle Sam's Tour Guide to Southeast Asia* and stories by other veterans with playwright Jim McManus. Via Dell'Arte's Vimeo and YouTube channels. www.dellarte.com. Donation.

MUSEUMS & TOURS

Buckingham Palace, Mount Vernon and More Historic Homes You Can Virtually Tour. Ongoing. Virtual World, online. Enjoy the stunning architecture and interior design of many significant homes from the comfort of your own couch. Go to www.housebeautiful.com/design-inspiration/g31677125/historic-homes-you-can-virtually-tour. Free.

Cultural, Historical and Scientific Collections You Can Explore Online. Ongoing. Virtual World, online. Tour world-class museums, read historic cookbooks, browse interactive maps and more. Visit www.smithsonianmag.com/smart-news/68-cultural-historical-and-scientific-collections-you-can-explore-online-180974475. Free.

Explore Mars. Ongoing. Virtual World, online. Explore the surface of Mars on the *Curiosity* rover. www.accessmars.withgoogle.com. Free.

Gardens You Can Virtually Tour. Ongoing. Virtual World, online. From Claude Monet's garden in France to the Hawaii Tropical Botanical Garden to Waddesdon Manor in England. Visit www.housebeautiful.com/lifestyle/gardening/g31746949/gardens-you-can-virtually-tour. Free.

Monterey Bay Aquarium Live Cams. Ongoing. Virtual World, online. View different live cams of Monterey Bay Aquarium exhibits. www.montereybayaquarium.org/animals/live-cams. Free.

California Native Plant Society Wildflower Show. Virtual World, online. The North Coast Chapter of the California Native Plant Society hosts photos of wildflowers and their habitats; presentations on pollination and pollinators; posters and slideshows about invasive plants, dune plants and Wiyot plants; and lessons on wildflower art. susanpenn60@gmail.com. www.northcoastcnps.org. 672-3346.

NASA Space Center's Hubble Space Telescope. Ongoing. Virtual World, online. Take a virtual tour of NASA Space Center's Hubble Space Telescope. www.nasa.gov/content/goddard/hubble-360-degree-virtual-tour. Free.

Panda Cam at the Zoo Atlanta. Ongoing. Virtual World, online. www.zooatlanta.org/panda-cam. Free.

Winchester Mystery House Virtual Tour. Virtual World, online. An exploration of the famously spooky home while it's closed for the COVID-19 pandemic. Follow Winchester Mystery House's Facebook page for the next opportunity to tune in for a walkthrough of the house, which will stream on select days at 1 p.m. Free. www.winchestermysteryhouse.com/video-tour.

Yellowstone National Park Virtual Field Trip. Ongoing. Virtual World, online. Explore Mud Volcano, Mammoth Hot Springs and more. www.nps.gov/yell/learn/photos-multimedia/virtualtours. Free.

ETC.

Sustainable Futures Speaker Series. Thursday, May 7, 5:30-7 p.m. Virtual World, online. As part of the Sustainable Futures Speaker Series, Sarah Ray presents "Coming of Age at the End of the World: An Existential Toolkit for the Climate Generation." Register online. Free. envcomm1@humboldt.edu. www.humboldtstate.zoom.us/webinar/register/8115876690586/WN_WsIF-nEgORfmur5RMt9uymg. 826-3653.

Weekly Check-in with Rep. Huffman. Wednesdays, noon. Virtual World, online. Rep. Jared Huffman (D-San Rafael) will hold Facebook Live check-ins to engage with his constituents on the latest updates regarding the novel coronavirus pandemic and to answer questions about the federal response. More information at www.huffman.house.gov/coronavirus. Free. www.facebook.com/rephuffman. ●



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American Portrait from PBS is looking for 300 stories from Northern California and KEET-TV wants to help you craft your words. On Wednesday, May 13 at 4 p.m. join Storyteller Ali Freedlund in a FREE virtual workshop using ZOOM. You will learn the process of telling an effective and compelling short story that you can submit to American Portrait. Send an email to workshop@keet.org





The world's extant 6,000 languages are grouped into 36 families, as shown. For a key to the colors, see "Languages World Map" on Wikipedia.

Language: Nature or Nurture? (Part 1 of 2)

By Barry Evans

fieldnotes@northcoastjournal.com

"The linguist who does not display at least token interest in the Chomskyan endeavor is not considered 'a linguist linguist.'"

—John McWhorter

Forty years ago, while living in Boston, I started to worry that I'd inadvertently joined a cult. I was taking an introductory linguistics class and our teacher, a distinguished Harvard professor of language, intoned the name Chomsky so frequently and with so much reverence that I wondered if I might have joined a church of that name. Seriously: In 1978 the "Chomskyan Revolution" was in full swing, and "father of modern linguistics" Noam Chomsky's ideas about how we are born with an innate "Universal Grammar" (UG) had been accepted as gospel truth by most professional linguists.

I bought it, hook, line and sinker, writing approvingly of his theories some years ago in this column ("Noam Chomsky: Copernicus of Linguistics," July 30, 2009). Having followed the "language wars" for several years, I've since become increasingly skeptical of UG. Here's why:

Merge

Chomsky claims that a fundamental feature of all 6,000 of Earth's languages is what he calls "Merge," which governs how words are combined into more complicated phrases, including "recursion," by which objects refer to themselves within a sentence. ("I saw you with the guy who gave you that bracelet you always wear.")

Finding just one language in which this feature is absent would negate Chomsky's "universal" claim. Linguist Daniel Everett, in his analysis of the Amazonian Pirahã language, claims to have done just that. (See "Language: Innate or Invented," Sept.

26, 2016) Everett's 2008 book *Don't Sleep, There Are Snakes* is a terrific read, both for his account of 20 years living with the Pirahã and for his succinct repudiation of Chomskyan theory. Unfortunately, instead of considering Everett's research at face value, Chomsky chose to retaliate with personal attacks, calling him "a charlatan."

Poverty of Stimulus

The whole rationale for UG arose in an attempt to explain the apparent mismatch between (a) the limited speech data that young children throughout the world hear from their parents and caregivers ("poverty of stimulus") and (b) their near-perfect verbal ability by the age of 6 or 7. Consider, for instance, these oddball rules in English with which ESL students struggle:

Irregular verbs: Said, wrote, swam (not sayed, writed, swimmied)

Transitive and intransitive verbs: "We found the room" but not "We arrived the room."

Declarative-to-question transformation: "The dog is there" becomes "Where is the dog?" —that is, "there" transforms to "where" and moves to the front of the sentence.

Copulas: Such as, "do" in the question, "Do you mind?" (Most languages skip this "do" form.)

Next time, I'll discuss one of the mainstays of Chomsky's theory of Universal Grammar: multiple auxiliaries. For now, ask yourself: Can such irregularities in English be learned by trial and error while a child is acquiring their native language, or would the kids have to be born with a genetic "language module" already in place?

Barry Evans (barryevans9@yahoo.com) mourns the fact that he grew up in a monolingual environment, unlike most children the world over who are at least bilingual.

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SMART ON ZOOM 707 267 7868. (T-0423)

SMOKING POT? WANT TO STOP? www.marijuana-anonymous.org (T-1231)

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LEGAL NOTICES

NOTICE TO CREDITORS OF Kenneth A. McQueeney Trust
SUPERIOR COURT OF CALIFORNIA
COUNTY OF Humboldt
Notice is hereby given to the creditors and contingent creditors of the above-named decedent, that all persons having claims against the decedent are required to file them with the Superior Court, at 825 5th St., Eureka, CA 95501 and mail a copy to Anthony M. McQueeney as trustee of the trust dated 12/03/1991, wherein the decedent was the settlor, at 2033 11th Avenue, Arcata, CA 95521 within the later of four months after 4/23/2020 or, if notice is mailed or personally delivered to you, 60 days after the date this notice is mailed or personally delivered to you. A claim, form may be obtained from the court clerk. For your protection, you are encouraged to file your claim by certified mail, with return receipt requested.

4/23, 4/30, 5/7 (20-104)



FICTITIOUS BUSINESS NAME STATEMENT 20-00163
The following person is doing Business as
EEL RIVER SCRAP & SALVAGE
Humboldt
850 Riverwalk Drive
Fortuna, CA 95540
PO Box 322
Fortuna, CA 95540

EEL RIVER TRANSPORTATION & SALVAGE, INC
850 Riverwalk Drive
Fortuna, CA 95540

The business is conducted by a Corporation.
The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable
I declare the all information in this statement is true and correct.
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).
/s Harry A. Hardin, President
This March 12, 2020
KELLY E. SANDERS
by sc, Humboldt County Clerk

4/16, 4/23, 4/30, 5/7 (20-102)

FICTITIOUS BUSINESS NAME STATEMENT 20-00172
The following person is doing Business as
INFUZIONI HUMBOLDT

Humboldt
863 H St.
Arcata, CA 95521
PO Box 334
Arcata, CA 95521

Infuzed Humboldt LLC
CA 201909510632
863 H St.
Arcata, CA 95521

The business is conducted by a Limited Liability Company.
The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable
I declare the all information in this statement is true and correct.
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).
/s Jenny Anderson, Manager
This April 8, 2020
KELLY E. SANDERS
by kt, Humboldt County Clerk

4/30, 5/7, 5/14, 5/21 (20-106)

FICTITIOUS BUSINESS NAME STATEMENT 20-00173
The following person is doing Business as
DENIS E. COSBY CONSTRUCTION

Humboldt
2350 Central Ave
McKinleyville, CA 95519

Denis E. Cosby
1506 Hidden Fox Lane
McKinleyville, CA 95519

The business is conducted by an Individual.
The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable
I declare the all information in this statement is true and correct.
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).
/s Denis E. Cosby, Owner
This April 8, 2020
KELLY E. SANDERS
by kt, Humboldt County Clerk

4/23, 4/30, 5/7, 5/14

LEGALS?
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County Public Notices
Fictitious Business
Petition to Administer Estate
Trustee Sale
Other Public Notices



SHERIFF'S AUCTION

An auction will be held online starting May 15, 2020 at 9:00AM and ending May 17, 2020 at 9:00PM, under County Ordinance #353. Carl Johnson's Auction Yard, Jacobs Avenue, Eureka, CA will conduct the auction. Details and bidding information can be obtained at www.carljohnsonco.com.
Over 300 items will be offered for sale and will include one or more of the following: CDs, home electronics, knives/swords, camera equipment, bicycles, hand-tools, power-tools, camping equipment, sporting goods, jewelry, collectables, gardening equipment, gun cases, holsters and other miscellaneous items.
All property consists of found, recovered, or unclaimed items, which have remained unclaimed for a period of four months or more and which will be sold at public auction to the highest bidder.



John Gordon Shaw
February 17, 1948 – April 17, 2020

John Gordon Shaw, age 72, passed away peacefully on Thursday, April 17, 2020, at St. Joseph's Hospital, in Eureka, California. He was born February 17, 1948, in Inglewood, California, raised with a large family and graduated from Inglewood High School. He often worked with his father at "Shaw Marine" and "Shaw's Gym" until 1968 when he began his Vietnam War combat training for the U.S. Army, at Fort Riley, Kansas. He served with the U.S. Army, 101st Airborne at the Long Binh Post, Camp Eagle, and the Camp 188th Helicopter Assault Company at LZ Sally.
He was honorably discharged in 1972 and returned to Inglewood before moving to Coos Bay, Oregon where he bought a small ranch and worked for the "Knutson Tug Boat Company." In 1988, he moved to Arcata, California where he owned and operated "Arcata Marine," a boat repair shop and Evinrude outboard dealership. He enjoyed hanging with customers and friends at the boat shop, as well as, fishing the Pacific Ocean for salmon and lingcod. Upon his retirement in 2015, he and his wife Diann Allen purchased a small ranch in the hills of Arcata where he happily lived for the remainder of his life. A military service was held at the Greenwood Cemetery in Arcata, California, on April 30, 2020, at 2:00 PM. A celebration of his life will be held at a future date, so family and friends can gather and reminisce some of the many exciting stories of his wonderful life.



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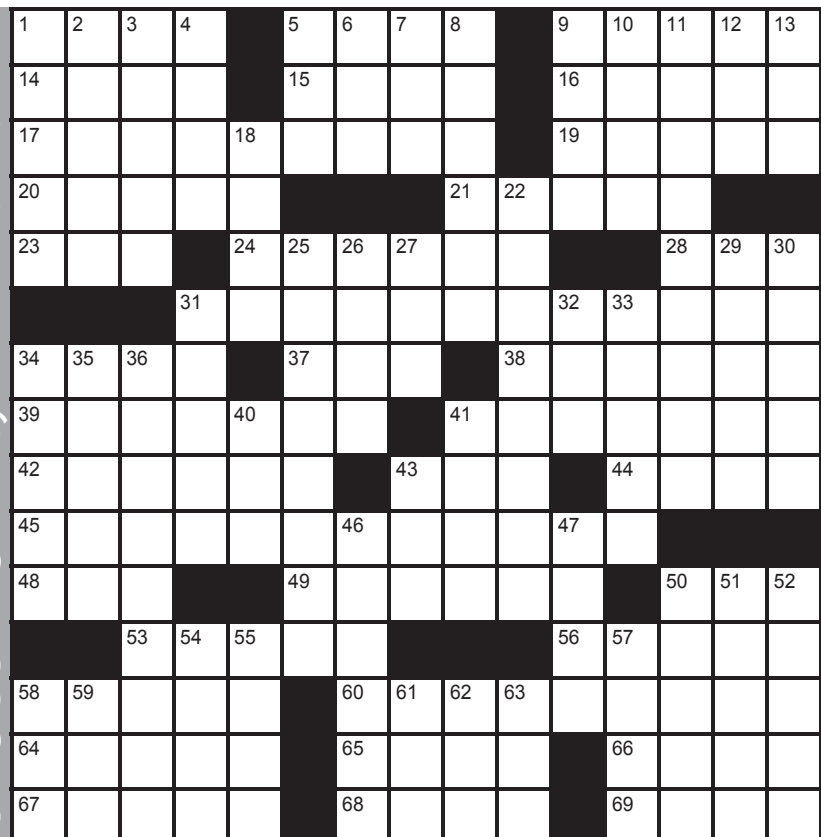
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The *North Coast Journal* prints each Thursday, 52 times a year. Deadline for obituary information is at 5 p.m. on the Sunday prior to publication date.

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BIRTHDAY

ANSWERS NEXT WEEK!

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ACROSS

1. Rap's Snoop ____
 5. Salon offering
 9. What a spin doctor might be called on to take care of
 14. Fallopian tube traveler
 15. The Jonas Brothers, e.g.
 16. Out in front
 17. "The Lover" actress whose birthday, perhaps coincidentally, is 3/20
 19. "Betta Getta ____" (car slogan)
 20. They block for the QB, informally
 21. "Battlestar Galactica" commander
 23. Mach 1 flier
 24. Nobel laureate Gabriel ____ Márquez
 28. "If u ask me ..."

31. "Mad Men" actress whose birthday, perhaps coincidentally, is 1/5
 34. Jacob's biblical twin
 37. Purchase for Wile E. Coyote
 38. Mother ____
 39. It's "well regulated" in the Constitution
 41. Ray gun ray
 42. Tripping
 43. "____ be my pleasure!"
 44. Rae who created "The Misadventures of Awkward Black Girl"
 45. "Lassie" actress whose birthday, perhaps coincidentally, is 6/25
 48. Follower of Marx?
 49. 2008 Jessica Alba thriller
 50. Knee injury site,

- often
 53. "____ knew only darkness and stillness": Helen Keller
 56. Joel on the radio
 58. Rode the ump, say
 60. "Journal of a Solitude" author whose birthday, perhaps coincidentally, is 5/3
 64. Pastrami order request
 65. Sign by a fire escape
 66. Tape or patch
 67. Tasted, biblically
 68. Disavow
 69. Carpet measurement
DOWN
 1. Karate schools
 2. Most toilet seats
 3. Put the pedal to the metal
 4. FBI guys
 5. School fund-raising

- grp.
 6. Go wrong
 7. Wrestler Flair
 8. Wool variety
 9. Cabo's peninsula
 10. *cough*
 11. Ones confined but not charged
 12. Bit of butter
 13. Abbr. on a food label
 18. Uber alternative?
 22. Routine
 25. It's a real lifesaver
 26. Words before fever or risk
 27. Persian, e.g.
 29. Flat-topped hills
 30. 2005 biography subtitled "The Making of a Terrorist"
 31. Electricity, slangily
 32. Actress Aniston, to friends
 33. Ring of Saturn?
 34. Word derived from the Japanese for

- "picture writing"
 35. Congestion site
 36. Co-creator of the "Watchmen" comic books
 40. Up to, briefly
 41. "Am ____ only one?"
 43. 1950s White House nickname
 46. Broke (in)
 47. Singer McEntire
 50. Modify
 51. Body double?
 52. "Wonder Woman" star Carter
 54. Singer with the 2012 hit "Let Me Love You"
 55. Alphabet quartet
 57. "The Joy of Cooking" co-author Rombauer
 58. Feathery neckwear
 59. Toronto's prov.
 61. Firefighter's tool
 62. Yang's counterpart
 63. Hog's home

LAST WEEK'S ANSWERS TO 9 TO 5

B	M	W	S	N	I	C	H	E	S	L	O	T
B	O	N	A	O	D	O	U	L	H	O	H	O
S	O	B	A	T	B	I	L	L	E	G	O	G
G	A	B	R	I	E	L	L	E	U	N	I	O
				A	N	T			L	A	N	D
A	M	U	C	K		I	B	S	E	N		
K	A	T	H	E	R	I	N	E	H	E	I	G
A	L	I	A	O	T	E	R	I	G	O	O	D
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C	H	R	I	S	T	I	N	A	R	I	C	C
A	L	I	F	O	M	A	N	I	L	I	P	A
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D	E	E	S	S	T	A	Y	S	B	E	D	S

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6				2	5		7	3
		5	1				4	
8				4	3	2		
	5	3	6			9		
	2		7		9		8	
		8			1	3	6	
		4	5	9				1
	8				2	6		
9	7		4	1				8

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High school diploma or equivalent required. Two years of experience working in human resources, office administration, or closely related field strongly preferred. Must possess strong office administration skills and be proficient in Microsoft products. Must be proficient in reading and writing in English.

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Clinical Laboratory Scientist

Located in the heart of the magnificent coastal redwoods of Northern California, The Northern California Community Blood Bank is a nonprofit blood bank serving Humboldt and Del Norte Counties. The Northern California Community Blood Bank has an immediate opening for a Clinical Laboratory Scientist. Both part-time and full-time, fully benefitted positions are available.

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The Clinical Laboratory Scientist is responsible for activities related to processing, testing, storage, transportation, and other handling of blood and blood products. The Clinical Laboratory Scientist performs reference immunohematological testing and participates in training, validation, implementation of new procedures, and compliance with regulatory and standard-setting agencies.

Experience, Education and Licensure:

- Four-year degree from an accredited college or university in science, medical technology or a related field.
- Valid current CA license as a Clinical Laboratory Scientist.
- Experience preferred, but will train a motivated new CLS.

To apply, contact:

Kristina Kelone, Technical Director
Northern California Community Blood Bank
2524 Harrison Avenue, Eureka, CA 95501
707-443-8004



FISCAL/ADMINISTRATIVE COORDINATOR Fiscal/Administrative Coordinator position opening at the North Coast Rape Crisis Team serving the counties of Humboldt since 1972 and Del Norte since 1988. The position is housed in the Eureka office. If interested and for more information, please send an email to: mgmt@ncrct.org with the subject line: 'Fiscal/Admin position'.



The Hoopa Valley Tribe is accepting applications to fill the following vacant position:

SERGEANT

Hoopa Tribal Police Department
Regular, F/T, Salary: \$32.50/hr.

Under general supervision of the Chief of Police or his authorized designee shall perform a wide variety of peace officer duties involving the protection of life and property; enforcement of applicable laws and ordinances of the Hoopa Valley Tribe, as authorized. Duties shall include planning, directing, supervising, assigning, reviewing, and participating in the work of the Police Department staff involved in traffic and field patrol; such as investigations, crime prevention, community relations, and related services and activities.

Minimum Qualifications: Must have High School Diploma or GED; three (3) years of related experience and/or training. Must possess a valid P.O.S.T Law Enforcement Academy or Indian Police Academy Certificate. Must possess a P.O.S.T Intermediate Certification or completion of a P.O.S.T Supervisory Course; and/or the Bureau of Indian Affairs Supervisory Enforcement Officer Course.

Must pass a full law enforcement background investigation in compliance with P.O.S.T. Standards and/or as required by the Federal Police Officer Standard; 25 C.F.R. 12 Indian Country Law Enforcement, 18 U.S.C. 922, Gun Control Act, Executive Order 12968, Adjudicative Guideline, Public Law 101-630; Indian Child Protection and Family Violence Prevention Act, 25 C.F.R. 63 – Implementation of Public Law 101-630, Crime Control Act – Subchapter V-Child Care Worker, Employee Background Checks; Public Law 101-647, which shall include a criminal history check, including fingerprints. Must possess valid CPR/ First Aid Certificates. Valid CA Driver's License and insurable. This position is classified safety-sensitive.

DEADLINE: JUNE 5, 2020

For job descriptions and employment applications, contact the Human Resources/Insurance Department, Hoopa Valley Tribe, P.O. Box 218, Hoopa, CA 95546. Call (530) 625-9200 Ext. 20 or email hr2@hoopainsurance.com. The Tribe's Alcohol & Drug Policy and TERO Ordinance Apply.



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The Hoopa Valley Tribe is accepting applications to fill the following vacant position:

FIRE CHIEF

Hoopa Fire Department,
F/T, Regular Salary: DOE.

This position reports directly to the Tribal Chairman. Supervises and manages all components of a Fire Department that includes primarily Wildland Fire Management, and may encompass other duties and responsibilities through organizational development, such as consolidation of a structural component.

Responsible for the planning, and execution of a comprehensive fire organization that includes, and is not limited to, Administration, Training, Facilities, Fleet Maintenance, Preparedness, Response, Prevention, Fuels Management, Detection, and Investigation.

Minimum Qualifications: Must have a Bachelor's Degree in Biological Sciences, Agriculture, Natural Resource Management or Fire Administration, and Ten (10) years of experience in Fire Program Management in a leadership position of a complex Fire management program, OR Ten (10) years of Fire Management experience at the Chief Officer level and five (5) years of experience as a Chief Officer performing the duties as a primary Fire Program Manager. Minimum Interagency Qualifications rating for a Command or General Staff position at the Type 2 level and Incident Commander Type 3 or better, to National Wildland Coordinating Group Standards. Extensive certifications required, please see job description for a complete list required certificates. Must have a Valid CA Driver's License and be insurable.

DEADLINE: MAY 28, 2020

These positions are classified safety-sensitive.

For job descriptions and employment applications, contact the Human Resources Department, Hoopa Valley Tribe, P.O. Box 218, Hoopa, CA 95546. Call (530) 625-9200 Ext. 20 or email hr2@hoopainsurance.com. The Tribe's Alcohol & Drug Policy and TERO Ordinance Apply.

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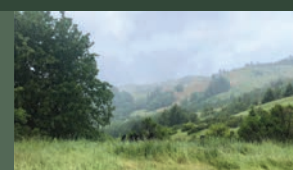
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±3.89 Acres in Hawkins Bar with 4 homes, 2 ADA bathrooms, RV hook-ups, Hwy 299 frontage, and so much more! Property is a must see!



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SHOWERS PASS – LAND/PROPERTY - \$295,000

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CUTTEN – HOME ON ACREAGE - \$649,000

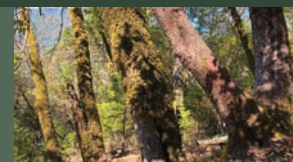
Beautiful 4/3 2,269sf custom home tucked away on a serene 1.38 acres of Redwood forest in Cutten. Enjoy the short walk to Sequoia Park, excellent schools, & shopping!



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RIO DELL – LAND/PROPERTY - \$399,000

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CUTTEN – LAND/PROPERTY - \$495,000

±9.25 Acres in Cutten/Ridgewood area! Property has redwoods, open meadows, a skid road, and the potential to subdivide.!

MYERS FLAT – HOME ON ACREAGE - \$499,000

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